# Compline : Night Prayer for Thursdays in Lent

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## The Gathering ...

Welcome and introduction

O God, come to our aid,
O Lord, make haste to help us

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now and ever shall be, world without end. Amen.

# Song / hymn

Just as I am, without one plea but that thy blood was shed for me, and that thou bidst me come to thee, O Lamb of God, I come.

Just as I am, though tossed about with many a conflict, many a doubt, fightings within and fears without, O Lamb of God, I come

Just as I am, thou wilt receive, wilt welcome, pardon, cleanse, relieve: because thy promise I believe, O Lamb of God, I come.

Just as I am, thy love unknown has broken ev'ry barrier down, now to be thine, yea, thine alone, O Lamb of God, I come.

## **Psalmody**

## My body shall rest in safety

Preserve me, God, I take refuge in you, I say to the Lord: 'You are my God\* my happiness lies in you alone.'

He has put into my heart a marvellous love\* for the faithful ones who dwell in his land. Those who choose other gods increase their sorrows.

Never will I take their offerings of blood\*

Never will I take their name upon my lips.

O Lord, it is you who are my portion and cup;\* it is you yourself who are my prize. The lot marked out for me is my delight: \* welcome indeed the heritage that falls to me!

I will bless the Lord who gives me counsel,\* who even at night directs my heart.

I keep the Lord ever in my sight:\* since he is at my right hand, I shall stand firm.

And so my heart rejoices, my soul is glad;\* even me body shall rest in safety. For you will not leave my soul among the dead,\* nor let your beloved know decay.

You will show me the path of life, the fulness of joy in your presence,\* at your right hand, happiness for ever.

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now and ever shall be, world without end.

Amen.

My body shall rest in safety

## Scripture reading

### **Collect for Passiontide**

May the God who gives us peace make you completely his, and keep your whole being, spirit, soul, and body, free from all fault, at the coming of our Lord Jesus Christ.

1 Thess 5:23

## Responsory

Into your hands, Lord, I commend my spirit. Into your hands, Lord, I commend my spirit.

You have redeemed us, Lord God of truth. Into your hands, Lord, I commend my spirit.

Glory be to the Father, and to the Son, and to the Holy Spirit Into your hands, Lord, I commend my spirit.

## Intercession...

..... intercession.... Bringing to mind those whom we pray for and holding them in God's love..., bringing the needs of the world, the church, and those who have no-one to pray for them...

## The Lord's Prayer

Our Father, which art in heaven, hallowed be thy name. Thy Kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses as we forgive them that trespass against us. And lead us not into temptation but deliver us from evil. For thine is the kingdom, the power and the glory, for ever and ever. Amen.

Most merciful God, who by the death and resurrection of your Son Jesus Christ, delivered and saved the world: grant that by faith in him who suffered on the cross we may triumph in the power of his victory; through Jesus Christ our Lord.

#### Amen

## **Nunc Dimittis (Gospel Canticle)**

Save us Lord, while we are awake; protect us while we sleep; that we may keep watch with Christ, and rest with him in peace.

At last, all-powerful Master, you give leave to your servant to go in peace, according to your promise.

For my eyes have seen your salvation which you have prepared for all nations, the light to enlighten the Gentiles and give glory to Israel, your people.

Glory be to the Father, and to the Son and to the Holy Spirit. As it was in the beginning, is now and shall be for ever, world without end.

#### Amen

Save us Lord, while we are awake; protect us while we sleep; that we may keep watch with Christ, and rest with him in peace.

# Blessing and departure

Lord our God, restore us again by the repose of sleep after the fatigue of our daily work: so that, continually renewed by your help, we may serve you in body and soul. Through Christ our Lord.

May the Lord bless us, protect us from all evil, and bring us to everlasting life.

#### **A**men

Goodnight ....