

Christ the King Benefice

Worship and prayer resources to use as a
community in dispersal

Praying at home





A Prayer for Those Affected by Coronavirus

God of healing and hope,
in Jesus you meet us in our places of pain and fear.
Look with mercy on those who have contracted the new virus,
on any who are vulnerable, and on all who feel in danger.
Through this time of global concern, by your Holy Spirit
bring out the best not the worst in us.
Make us more aware of our interdependence on each other,
and of the strength that comes from being one body in you.
Through Christ our wounded healer.
Amen.

(The Rev'd Dr Sam Wells Vicar of St Martin's in the Field)

Praying at Home

The Archbishops of the Church of England have taken the step of suspending public worship until further notice owing to the Coronavirus pandemic.

As they wrote in their letter to the church on March 17th:

“We urge you sisters and brothers to become a different sort of church in these coming months: hopeful and rooted in the offering of prayer and praise and overflowing in service to the world.”

Our Church buildings may be closed, but our church is so much more than its buildings. We hope in this time of ‘social distancing’ to draw our hearts and prayers if anything closer together than ever, as we pray for and with each other, and keep contact with each other.

There are various live-streamed worship available, and we shall be formalising and organising this as the weeks go on.

Do try downloading the facebook and twitter apps if you haven’t; they are a great resource for streamed worship and contact and sharing encouragement.

Please explore this range of resources to help you pray and worship at home:

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You might find it helpful to set aside specific times to pray and worship. Find a quiet place in your home and perhaps invite other members of your household to join you, or try praying with others while still physically distant – for example, over the phone, text messaging, or using video calls.

You might want to light a candle.....

As we light a candle
we remind ourselves of the presence of Christ,
Light of the World,
who loves us
and is with us to the end of the ages
(Matthew 28:20)



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Places to find prayer and worship while at home

There is a daily service on **Radio 4** every morning at 09.45

Radio 3 broadcast choral evensong every Wednesday at 15.30,
repeated at Sunday 15.00

The amazing bubbly Revd. Kate Bottley leads 'Good morning Sunday;
an hour programme on **Radio 2** at 06.00

Premier Christian Radio broadcasts Bible studies at intervals
throughout the day.

At noon and at 14.30 they have "worship hours" which include
worship songs, prayer and Bible readings.

BBC One broadcasts Songs of Praise every Sunday at 13.15

If you have access to the internet, there are many churches of many
traditions that are broadcasting their services, either on their website
or using Facebook Live or Twitter Live. Many clergy are also sharing
daily prayer in this way too.

Accessing the 'A Church Near You' page will tell you which Churches
are livestreaming.

Mthr. Victoria is live-streaming Compline at 21.00 on Twitter, daily,
and 21.20 on Facebook. Keep an eye open as other short times of
prayer are soon to be added by our clergy and ministry team.

The Birmingham Methodist District will be broadcasting a worship
service at 10:30am on Sunday morning via Facebook Live and it will
also be available on the District Website:

<https://www.facebook.com/Birminghammethodistdistrict/>
<http://www.birminghammethodist.org.uk/>

Holy Trinity Brompton church records their Sunday service each week and that recording is available until 9pm that Sunday evening.

<https://www.htb.org/sundayonline>

All Saints, Worcester are live-streaming morning prayer at 11am and Night Prayer at 10pm

<https://www.allsaintsworcester.org.uk/>

Many Cathedrals are starting to live-stream Eucharists and Offices; **Worcester Cathedral** is live streaming the 08.30 service on their Facebook and website,

and you can watch it at any point during the day.

<http://worcestercathedral.co.uk/>

Northampton Cathedral

<https://www.churchservices.tv/northamptoncathedral>

Canterbury Cathedral live streaming the 12 noon Eucharist, and 17.30 Evensong during the week, and on Sundays 09.30 Morning Prayer, noon Eucharist and 15.15 Evensong

<https://www.canterbury-cathedral.org/>

on twitter, Anglican Priest Dave @disabilityJ has been live streaming lovely worship midday and evening since long before the current crisis and continues his amazing work

Online, there are countless resources that provide daily prayer & Bible readings.

Church of England Daily Prayer:

<https://www.churchofengland.org/prayer-and-worship/worship-texts-and-resources/common-worship/daily-prayer>

Pray As You Go
<https://pray-as-you-go.org/>

24-7 Prayer
<https://www.24-7prayer.com/>

Methodist prayer for the day has some lovely resources
<https://www.methodist.org.uk/our-faith/prayer/prayer-of-the-day/>

The Re-imagining the Examen website and app help explore
fresh ways of prayer
<http://reimaginingexamen.ignatianspirituality.com/>

Revised Common Lectionary readings can be found in full here:
<https://www.churchofengland.org/prayer-and-worship/worship-texts-and-resources/common-worship/prayer-and-worship/worship-texts-and-resources/common-worship/churchs-year/lectionary>

Prayers for use during the outbreak

Keep us, good Lord, under the shadow of your mercy
in this time of uncertainty and distress.
Sustain and support the anxious and fearful,
and lift up all who are brought low;
that we may rejoice in your comfort
knowing that nothing can separate us from your love
in Christ Jesus our Lord.

Amen.

Lord Jesus Christ, you taught us to love our neighbour,
and to care for those in need as if we were caring for you.
In this time of anxiety, give us strength to comfort the fearful,
to tend the sick, and to assure the isolated of our love, and your love,
for your name's sake.

Amen.

God of compassion, be close to those who are ill, afraid or in isolation.
In their loneliness, be their consolation;
in their anxiety, be their hope;
in their darkness, be their light;
through him who suffered alone on the cross,
but reigns with you in glory, Jesus Christ our Lord.

Amen.

For those who are ill

Merciful God,
we entrust to your tender care those who are ill or in pain,
knowing that whenever danger threatens
your everlasting arms are there to hold them safe.
Comfort and heal them, and restore them to health and strength;
through Jesus Christ our Lord.

Amen.

For hospital staff and medical researchers

Gracious God, give skill, sympathy and resilience
to all who are caring for the sick,
and your wisdom to those searching for a cure.
Strengthen them with your Spirit,
that through their work many will be restored to health;
through Jesus Christ our Lord.
Amen.

From one who is ill or isolated

O God, help me to trust you,
help me to know that you are with me,
help me to believe that nothing can separate me from your love
revealed in Jesus Christ our Lord.
Amen.

For the Christian community

We are not people of fear: we are people of courage.
We are not people who protect our own safety:
we are people who protect our neighbours' safety.
We are not people of greed:
we are people of generosity.
We are your people God, giving and loving,
wherever we are, whatever it costs
For as long as it takes wherever you call us.

*(Barbara Glasson,
President of the Methodist Conference)*

Further Prayers of Intercession

Let us pray to God, who alone makes us dwell in safety:

For all who are affected by coronavirus,
through illness or isolation or anxiety,
that they may find relief and recovery:

Lord, hear us,

Lord, graciously hear us.

For those who are guiding our nation at this time,
and shaping national policies,
that they may make wise decisions:

Lord, hear us,

Lord, graciously hear us.

For doctors, nurses and medical researchers,
that through their skill and insights
many will be restored to health:

Lord, hear us,

Lord, graciously hear us.

For the vulnerable and the fearful, for the gravely ill and the dying,
that they may know your comfort and peace:

Lord, hear us,

Lord, graciously hear us.

We commend ourselves, and all for whom we pray,
to the mercy and protection of God.
Merciful Father, accept these prayers through the love of our Saviour,
Jesus Christ.

Amen.

Let us pray to the Lord, who is our refuge and stronghold.
For the health and well-being of our nation,

that all who are fearful and anxious
may be at peace and free from worry:

Lord, hear us,

Lord, graciously hear us.

For the isolated and housebound, that we may be alert to their needs,
and care for them in their vulnerability:

Lord, hear us,

Lord, graciously hear us.

For our homes and families, our schools and young people,
and all in any kind of need or distress:

Lord, hear us,

Lord, graciously hear us.

For a blessing on our local community,
that our neighbourhoods may be places of trust and friendship,
where all are known and cared for:

Lord, hear us,

Lord, graciously hear us.

We commend ourselves, and all for whom we pray,
to the mercy and protection of God.

Merciful Father, accept these prayers through the love of our Saviour
Jesus Christ

Amen.

Prayers with Children

A prayer for when a friend is ill

Dear God, (*name of friend*) is ill.
I miss going to school with them or coming over to play.
I'm sad because I miss them.
They must be feeling miserable and lonely as well.
Please be close to them.
Please be with the people who are looking after them.
Please help them to get better and to know that you love them.

Amen.

A prayer for the world

God of love and hope, you made the world and care for all creation,
but the world feels strange right now.
The news is full of stories about Coronavirus.
Some people are worried that they might get ill.
Others are anxious for their family and friends.
Be with them and help them to find peace.
We pray for the doctors and nurses and scientists, and all who are
working to discover the right medicines to help those who are ill.
Thank you that even in these anxious times, you are with us.
Help us to put our trust in you and keep us safe.

Amen.

A prayer at bedtime

Before the ending of the day, Creator of the world, we pray
That you, with steadfast love, would keep Your watch around us while
we sleep.

Tonight we pray especially for
(names family or friends who are affected by Coronavirus)
and the people of....
(country or place which is affected by Coronavirus).
Please give skill and wisdom to all who are caring for them.

Amen.

A prayer remembering God is with us

Lord God, you are always with me.
You are with me in the day and in the night.
You are with me when I'm happy and when I'm sad.
You are with me when I'm healthy and when I am ill.
You are with me when I am peaceful and when I am worried.
Today I am feeling (name how you are feeling)
because (reasons you are feeling this way).
Help me to remember that you love me and are with me in everything
today.

Amen.

Additional Prayers for use during the day

A Prayer for Forgiveness of use during Lent and at other times

Giver of life, bearer of pain, Maker of love,
you are able to accept in us
what we cannot acknowledge.

You are able to name in us
what we cannot bear to speak of.

You are able to hold in your memory
what we have tried to forget.

Reconcile us through your cross
to all that we have rejected in ourselves.

That we may find no part of creation
to be alien or strange to us.

And that we ourselves may be made whole

Amen.

A Prayer of General Thanksgiving *Taken from the BCP*

Almighty God, Father of all mercies,
we thine unworthy servants do give thee most humble and hearty
thanks for all thy goodness and loving-kindness to us, and to all people.

We bless Thee for our creation, preservation,
and all the blessings of this life;

but above all, for thine inestimable love
in the redemption of the world by our Lord Jesus Christ;
for the means of grace, and for the hope of glory.

And, we beseech thee,
give us that due sense of all the mercies,
that our hearts may be unfeignedly thankful,
and that we show forth thy praise,
not only with our lips, but in our lives;
by giving up ourselves to thy service,
and by walking before thee in holiness and righteousness all our days;
through Jesus Christ our Lord,
to whom with thee and the Holy Spirit be all honour and glory,
world without end.
Amen.

**Hymn: God the Creator,
set to the tune for Morning Has Broken**

By John Bell

God the Creator, you in love made me,
who was once nothing, but now have grown.
I bring the best of all my life offers;
for you I share whatever I own.

O Christ the Saviour, you in love called me,
who was once no-one, lost and alone.
I pledge to go wherever you summon,
making your will and purpose my own.

O God the Spirit, you in love move me,
who was once nowhere and felt unknown.
I know my need of you for companion,
all things can change when not on my own.

And with the people summoned together,

to be the Church in which faith is sown,
I make my promise to live for Jesus,
and let the world know all are his own.

Caim Prayer (When I do not know what to pray)

Celtic Daily Prayer: Book One, p.203

Circle (*name / me / us*), Lord,
Keep comfort near
and discouragement afar.
Keep peace within
and turmoil out,

Prayers for committing our work to God

Celtic Daily Prayer: Book One, p.203

This day is your gift to me;
I take it, Lord, from your hand
and thank you for the wonder of it.

God be with me in this your day,
Every day and every way,
With me and for me in this your day;
And the love and affection of heaven be toward me.

All that I am, Lord, I place into your hands.
All that I do, Lord,
I place into your hands.

Everything I work for
I place into your hands.
Everything I hope for
I place into your hands

The troubles that weary me
I place into your hands
The thoughts that disturb me
I place into your hands.

Each that I pray for
I place into your hands
Each that I care for
I place into your hands

I place into your hands, Lord,
The choices that I face.
Guard me from choosing the way perilous
of which the end is heart-pain
and the secret tear.

Rich in counsel,
Show us the way that is plain and safe.

May I feel your presence at the heart of my desire,
and so know it for your desire for me.

Thus shall I prosper,
thus see my purpose is from you,
thus have power to do the good which endures.

Show me what blessing it is that I have work to do.
and sometimes, and most of all,
when the day is overcast and my courage faints,
let me hear your voice, saying,

you are my beloved one,
in whom I am well pleased.

‘Honest to God’

By Nick Fawcett ‘Prayers for all Seasons’

Gracious God, Lord of all,
we thank you that we can come to you in prayer,
that for all your greatness, and wonder, and holiness,
we can speak with you as to a friend.

We thank you that we can open our hearts to you,
that we can pour out our innermost souls
and share our deepest thoughts,
in the knowledge that you are there,
always ready to listen and to understand.

So now once more we lay our lives before you,
open to your gaze –
the bad as well as the good,
the doubt as well as the faith,
the sorrow as well as the joy,
the despair as well as the hope.

We bring the anger as well as the peace,
the hatred as well as the love,
the confusion as well as the certainty,
the fear as well as the trust.

Gracious God, we bring these,
not with pride or any sense of arrogance,
but honestly,
recognising that you know through and through.

Help us to be truthful to ourselves and truthful to you,
and so may we discover the renewing love
which only you can offer –
a love that frees us to live as you would have us live,
and allows us to be the people you would have us be!
Hear now our prayer, in the Name of Jesus Christ. Amen.

‘Hope after Difficulties’

by Nick Fawcett ‘Prayers for all Seasons’

Loving Father,
we thank you for your guidance
during these past difficult days,
for leading us safely through a time
when the future seemed dark, and the present uncertain.
Whenever we have needed you,
You have been there.

We thank you for the support you have given
when we have felt disheartened,
the courage to keep on believing
when we have been tempted to doubt,
the strength to persevere despite adversity.
Whenever we have needed you,
You have been there.

Loving Father,
may all we have experienced renew our trust
in your continuing purpose for us.
May it give us food for faith in times of difficulty yet to come.
May it inspire us to serve you
just as you have served us.
Whenever we have needed you,
You have been there.

Lead us forward, we pray,
and help us to continue in the path you set before us,
secure in the assurance that, whatever we face,
your grace will be sufficient for us.
Whenever we have needed you,
You have been there.

Thanks be to God!
Amen

Helpful Bible Passages

(Extracts are given where readings are longer)

Psalm 23

*“Even though I walk through the darkest valley,
I will fear no evil, for you are with me; your rod and your staff, they comfort
me.”*

(Verse 4)

Psalm 91

*“Whoever dwells in the shelter of the Most High will rest in the shadow of
the Almighty. I will say of the Lord, ‘He is my refuge and my fortress, my God,
in whom I trust.’”*

(Verses 1-2)

Psalm 139

*“Search me, God, and know my heart; test me and know my anxious
thoughts.”*

(Verse 23)

Isaiah 41:10

*“So do not fear, for I am with you; do not be dismayed, for I am your God.
I will strengthen you and help you; I will uphold you with my righteous right
hand.”*

John 14

*“Peace I leave with you; my peace I give you. I do not give to you as the
world gives. Do not let your hearts be troubled and do not be afraid.”*

(Verse 27)

Matthew 28

“Lo, I am with you always, even to the end of the age”

(Verse 20)

Luke 12:22-34

*“Who of you by worrying can add a single hour to your life?
Since you cannot do this very little thing, why do you worry about the rest?”
(Verses 25-26)*

I Thessalonians 5

*Rejoice always, pray continually, give thanks in all circumstances, for this is
God’s will for you in Christ Jesus
(Verses 16 – 18)*

Philippians 4:4-9

*“Do not be anxious about anything, but in every situation, by prayer and
petition, with thanksgiving, present your requests to God. And the peace of
God, which transcends all understanding, will guard your hearts and your
minds in Christ Jesus.”
(Verses 6-7)*

I Thessalonians 5

*“Therefore encourage one another and build one another up, just as you are
doing”
(Verse 11)*

A Simple Order of Morning Prayer in Lent

O Lord open our lips,
And our mouth shall proclaim your praise.

**Glory to the Father, and to the Son,
and to the Holy Spirit; as it was in
the beginning, is now, and shall be
for ever.
Amen.**

Silent prayer/reflection on the coming day.

Early in the morning my prayer comes
before you. Lord, have mercy.
Lord, have mercy.

You speak in my heart and say
'Seek my face'; your face,
Lord, will I seek.
Christ, have mercy.
Christ, have mercy.

Let the words of my mouth and the meditation of my heart
be acceptable in your sight, O Lord, my
strength and my redeemer.
Lord, have mercy.
Lord, have mercy.

**Return to the Lord, who will have mercy,
to our God, who will richly pardon.**

Seek the Lord while he may be found call
upon him while he is near.

Let the wicked abandon their ways and
the unrighteous their thoughts;

Return to the Lord, who will have mercy to
our God who will richly pardon.

‘For my thoughts are not your thoughts neither
are your ways my ways,’ says the Lord.

For as the heavens are higher than the earth
so are my ways higher than your ways
and my thoughts than your thoughts.

As the rain and the snow come down from above and
return not again but water the earth,

Bringing forth life and giving growth seed
for sowing and bread to eat,

So is my word that goes forth from my mouth it
will not return to me fruitless,

But it will accomplish that which I purpose and
succeed in the task I gave it.’

**Glory to the Father, and to the Son,
and to the Holy Spirit;
as it was in the beginning, is now,
and shall be for ever.
Amen.**

**Return to the Lord, who will have mercy, to
our God, who will richly pardon.**

A Bible Reading is read – perhaps using one of the Sunday readings.

**Create in me a clean heart, O God,
and renew a right spirit within me.**

Blessed be the Lord the God of Israel for he has
come to his people and set them free.

The Lord has raised up for us a mighty Saviour
born of the house of his servant David.

Through his holy prophets God promised of old
to save us from our enemies
from the hands of all who hate us.

To show mercy to our forebears and
to remember his holy covenant.

This was the oath God swore to our father Abraham
to set us free from the hands of our enemies,

Free to worship him without fear, holy and
righteous before him all the days of our life.

And you, child, shall be called the prophet of the Most High
for you will go before the Lord to prepare his way,

To give his people knowledge of salvation by
the forgiveness of their sins.

In the tender compassion of our God the
dawn from on high shall break upon us,

To shine on those who dwell in darkness
and the shadow of death and to guide our
feet into the way of peace.

**Glory to the Father, and to the Son,
and to the Holy Spirit;
as it was in the beginning, is now,
and shall be for ever. Amen.**

**Create in me a clean heart, O God, and
renew a right spirit within me.**

Various prayers are offered for:

The Church

The World

The Local Community

Those in particular need

The Lord's Prayer is said.

The Collect for the Day is said (see Sunday Readings) or

Almighty and everlasting God,
you hate nothing that you have made
and forgive the sins of all those who are penitent:
create and make in us new and contrite hearts
that we, worthily lamenting our sins and
acknowledging our wretchedness,
may receive from you, the God of all mercy,
perfect remission and forgiveness;
through Jesus Christ our Lord.

Amen.

The second collect, for peace.

O God, the author of peace and lover of concord,
to know you is eternal life,
to serve you is perfect freedom:
defend us in all assaults of our enemies,
that we, surely trusting in your protection,
may not fear the power of any adversaries;
through Jesus Christ our Lord.

Amen.

The third collect, for grace.

Eternal God and Father,
by your power we are created
and by your love we are redeemed:
guide and strengthen us by your Spirit,
that we may give ourselves to you
in love and service of one another;
through Jesus Christ our Lord.

Amen.

**The grace of our Lord Jesus Christ,
the love of God,
and the fellowship of the Holy Spirit
be with us all, evermore.**

Amen.

Let us bless the Lord.

Thanks be to God.

Acknowledgements

Material in this service is from Common Worship © Archbishops' Council of the Church of England

A Short Evening Prayer for Lent

Take a moment of stillness and invite the Lord into your heart, to help you lay aside the concerns of the day, and to be in stillness in the Presence of Love.

O God, make speed to save us.
O Lord, make haste to help us.
Let your ways be known upon earth
your saving power among the nations.

Blessed are you, Lord God of our salvation,
to you be glory and praise for ever.
As we behold your Son, enthroned on the cross,
stir up in us the fire of your love,
that we may be cleansed from all our sins,
and walk with you in newness of life
singing the praise of him who died
for us and our salvation.

Blessed be God, Father, Son and Holy Spirit.
Blessed be God for ever.

That this evening may be holy, good and peaceful,
let us pray with one heart and mind.

Silence is kept.

As our evening prayer rises before you, O God,
so may your mercy come down upon us
to cleanse our hearts and set us free to sing your praise
now and for ever.
Amen.

Read a psalm and a passage from the Bible

We adore you, O Christ, and we bless you;
by your holy cross, you have redeemed the world

The Magnificat:

My soul proclaims the greatness of the Lord,
my spirit rejoices in God my Saviour;
he has looked with favour on his lowly servant.
From this day all generations will call me blessed;
the Almighty has done great things for me
and holy is his name.

He has mercy on those who fear him,
from generation to generation.

He has shown strength with his arm
and has scattered the proud in their conceit,
casting down the mighty from their thrones,
and lifting up the lowly.

He has filled the hungry with good things,
and sent the rich away empty.

He has come to the aid of his servant Israel,
to remember his promise of mercy,

The promise made to our ancestors,
to Abraham and his children for ever.

**Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever.
Amen.**

**Offer prayers and thanksgiving for
the world,
the church,
the parish
and those in need.**

Rejoicing in the presence of God here among us,
we pray in confidence as our Saviour taught us

Our Father,
which art in heaven,
hallowed be thy Name.
Thy Kingdom come,
Thy will be done,
on earth, as it is in heaven.
Give us this day our daily bread
and forgive us our trespasses
as we forgive those who trespass against us.
And lead us not into temptation
but deliver us from evil.

Amen

May the Grace of our Lord Jesus Christ,
and the love of God
and the fellowship of the Holy Spirit
be with us all, evermore

Amen

Acknowledgements

Material in this service is from Common Worship © Archbishops' Council of the Church of England.

An Order for Night Prayer (Compline)

The Lord almighty grant us a quiet night
and a perfect end.

Amen.

**Glory to the Father, and to the Son,
and to the Holy Spirit;
as it was in the beginning, is now,
and shall be for ever.**

Amen.

Silent prayer/reflection on the past day.

**Holy God,
we confess to you before the company
of the faithful in heaven and on earth,
that we have sinned against you,
against one another
and against your creation.
Forgive us in your mercy,
help us to forgive each other
and to hold in reverence all that you
have made. Amen.**


OSB West Malling The following hymn may be said or sung.


**Before the ending of the day,
Creator of the world, we pray
That you, with steadfast love, would keep Your
watch around us while we sleep.**


**From evil dreams defend our sight,
From fears and terrors of the night;
Tread underfoot our deadly foe
That we no sinful thought may know.**


**O Father, that we ask be done
Through Jesus Christ, your only Son; And
Holy Spirit, by whose breath
Our souls are raised to life from death.**


Psalm 139, or another suitable Psalm, is read.


O Lord, you have searched me out and known me; 
you know my sitting down and my rising up;
you discern my thoughts from afar.


You mark out my journeys and my resting place 
and are acquainted with all my ways.


For there is not a word on my tongue, 
but you, O Lord, know it altogether.


You encompass me behind and before 
and lay your hand upon me.


Such knowledge is too wonderful for me, 
so high that I cannot attain it.


Where can I go then from your spirit? 
Or where can I flee from your presence?


If I climb up to heaven, you are there; 
if I make the grave my bed, you are there also.


If I take the wings of the morning 
and dwell in the uttermost parts of the sea,


Even there your hand shall lead me, 
your right hand hold me fast.


If I say, 'Surely the darkness will cover me 
and the light around me turn to night,'


Even darkness is no darkness with you;
the night is as clear as the day; 
darkness and light to you are both alike.


For you yourself created my inmost parts; 
you knit me together in my mother's womb.


I thank you, for I am fearfully and wonderfully made; 
marvellous are your works, my soul knows well.

My frame was not hidden from you, 
when I was made in secret
and woven in the depths of the earth.

Your eyes beheld my form, as yet unfinished; 
already in your book were all my members written,

As day by day they were fashioned 
when as yet there was none of them.

How deep are your counsels to me, O God! 
How great is the sum of them!

If I count them, they are more in number than the sand, 
and at the end, I am still in your presence.

**Glory to the Father, and to the Son,
and to the Holy Spirit; as it was in
the beginning, is now, and shall be
for ever. Amen.**

One of the following short passages of Scripture are read.

In Lent

Is not this the fast that I choose: to loose the bonds of injustice, to undo the thongs of the yoke, to let the oppressed go free, and to break every yoke? Is it not to share your bread with the hungry, and bring the homeless poor into your house; when you see the naked, to cover them, and not to hide yourself from your own kin?

Isaiah 58. 6,7

In Passiontide

I will pour out a spirit of compassion and supplication on the house of David and the inhabitants of Jerusalem, so that, when they look on the one whom they have pierced, they shall mourn for him, as one mourns for an only child, and weep bitterly over him, as one weeps over a firstborn.

Zechariah 12.10

In Eastertide

The servants of the Lamb shall see the face of God, whose name will be on their foreheads. There will be no more night: they will not need the light of a lamp or the light of the sun, for God will be their light, and they will reign for ever and ever.

Revelation 22.4,5

Between the Ascension and Pentecost

I will pour out my spirit on all flesh; your sons and your daughters shall prophesy. The old shall dream dreams and the young shall see visions.

Joel 2.28

Into your hands, O Lord, I commend my spirit.

Into your hands, O Lord, I commend my spirit.

For you have redeemed me, Lord God of truth.


I commend my spirit.


Glory to the Father, and to the Son, and to the Holy Spirit.


Into your hands, O Lord, I commend my spirit.

The Nunc Dimittis.

**Save us, O Lord, while waking, and
guard us while sleeping, that awake
we may watch with Christ and asleep
may rest in peace.**

Now, Lord, you let your servant go in peace: 
your word has been fulfilled.

My own eyes have seen the salvation  which you
have prepared in the sight of every people;

A light to reveal you to the nations 
and the glory of your people Israel.

**Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever.
Amen.**

**Save us, O Lord, while waking, and
guard us while sleeping, that awake
we may watch with Christ and asleep
may rest in peace.**

Various prayers are offered, which may include this short litany.

That you will give us a quiet night and a perfect end:
we pray to you, O Lord.

That you will have mercy upon us and grant us your salvation:
we pray to you, O Lord.

That you will keep us this night without sin:
we pray to you, O Lord.

That you will guard us and give us your blessing:
we pray to you, O Lord.

That you will bring us with all your saints to glory everlasting:
we pray to you, O Lord.

Let us commend ourselves, and all for whom we pray, to the mercy and protection of God.

Our Father, who art in heaven...

The appropriate Collect is said.

Lent

Almighty God,
may we, by the prayer and discipline of Lent, enter into the mystery of Christ's sufferings; that by following in the Way, we may come to share in the glory; through Jesus Christ our Lord. **Amen.**

Passiontide

Almighty God,
as we stand at the foot of the cross of your
Son, help us to see and know your love for us,
so that in humility, love and joy we may place at
his feet all that we have and all that we are;
through Jesus Christ our Saviour. **Amen.**

Easter

Almighty God,
by triumphing over the powers of darkness
Christ has prepared a place for us in the new Jerusalem:
may we, who have this day given thanks for his resurrection,
praise him in the eternal city of which he is the light;
through Jesus Christ our Lord. **Amen.**

From Ascension to Pentecost.

Come, O Spirit of God, and make within us your
dwelling place and home. May our darkness be
dispelled by your light, and our troubles calmed by
your peace; may all evil be redeemed by your love,
all pain transformed through the suffering of
Christ, and all dying glorified in his risen life.
Amen.

In peace we will lie down and sleep, **for you
alone, Lord, make us dwell in safety.**

Abide with us, Lord Jesus, **for the night is at hand
and the day is now past.**

As the night watch looks for the morning, **so
do we look for you, O Christ.**

The Lord bless us and watch over us;
the Lord make his face to shine upon us

and be gracious to us; the Lord look
kindly on us and all for whom we pray
and give us his peace.

Amen.

Acknowledgements

Material in this service is from Common Worship © Archbishops' Council of the Church of England.



AN ACT OF SPIRITUAL COMMUNION
FOR USE AT HOME



Find a quiet place.

Play some music or sing a hymn to settle you

....then make the Sign of the Cross and allow your attention to silently withdraw from external things and focus into the heart. You can do this by breathing deeply and slowly into your heart, the centre of your being. Then when you are ready, say:

O God, come to my aid; O Lord, make haste to help me.

Next, call to mind any sins you have committed and make an Act of Contrition in words such as:

Lord Jesus Christ, Son of the Living God; have mercy on me.

Now imagine the priest saying the words of absolution:

May Almighty God forgive you your sins, in the name of the Father, the Son and the Holy Spirit. Amen.

You may make the sign of the cross at this point.

Then pray the Collect for the Day (see readings on following pages), and read the Scriptures concluding the Gospel with a time of silence.

Then say the Creed and offer your own prayers ending with the Lord's Prayer.

Now imagine Jesus, coming to you in a gracious and kind manner, holding out to you the Blessed Sacrament. As you see him approach, say:

***Lord, I am not worthy to receive you,
but only say the word and I shall be healed.***

Then, make an **Act of Spiritual Communion** in these words:

***My Jesus, I believe that you are present in the Most Holy Sacrament.
I love You above all things, and desire to receive You into my soul. Since I
cannot at this moment receive You sacramentally,
come at least spiritually into my heart.***

I embrace You as if You were already there and unite myself wholly to You.

Never permit me to be separated from You. Amen.

As you imagine yourself receiving the Bread of Heaven, be still and rest in the love of God. Thank Him for entering beneath the roof of your soul with these words:

Soul of Christ, sanctify me.

Body of Christ, save me.

Blood of Christ, inebriate me.

Water from the side of Christ, wash me.

Passion of Christ, strengthen me.

O good Jesu, hear me.

Within your wounds hide me.

Suffer me not to be separated from you.

From the malicious enemy defend me.

***In the hour of my death call me and bid me come to you,
that with your Saints I may praise you, for ever and ever.***

Amen.

After a short silence, finish with these words:

***Almighty God, through Your Blessed Sacrament,
keep me united with all my brothers and sisters throughout the church.***

***Bind us together in Word, Sacrament and Love,
until we are reunited again in Your church.***

***The grace of our Lord Jesus Christ,
the love of God and the fellowship of the Holy Spirit be with us all,
evermore.***

Amen.

May Almighty God bless us, + Father, Son and Holy Spirit. Amen

Readings and Collects

Readings can be found in full here:

<https://www.churchofengland.org/prayer-and-worship/worship-texts-and-resources/common-worship/prayer-and-worship/worship-texts-and-resources/common-worship/churchs-year/lectionary>

	Readings	Collects
22 March	Mothering Sunday Exodus 2.1-10 Psalm 34.11-20 2 Corinthians 1.3-7 John 19.25-27	Collects God of compassion, whose Son Jesus Christ, the child of Mary, shared the life of a home in Nazareth, and on the cross drew the whole human family to himself: strengthen us in our daily living that in joy and in sorrow we may know the power of your presence to bind together and to heal; through Jesus Christ your Son our Lord, Amen.
29 March	The Fifth Sunday of Lent Passiontide begins Ezekiel 37.1-14 Psalm 130 Romans 8.6-11 John 11.1-45	Most merciful God, who by the death and resurrection of your Son Jesus Christ delivered and saved the world: grant that by faith in him who suffered on the cross we may triumph in the power of his victory; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. Amen.
5 April	Palm Sunday Liturgy of the Palms: Matthew 21.1-11 Psalm 118.1-2,19-29*	Almighty and everlasting God, who in your tender love towards the human race sent your Son our Saviour Jesus Christ to take upon him our flesh and to suffer death upon the cross: grant that we may follow the example of his patience and humility, and also be made partakers of his resurrection; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. Amen.
5 April	Liturgy of the Passion: Isaiah 50.4-9a Psalm 31.9-16* Philippians 2.5-11 Matthew 26.14 - 27.66	
9 April	Maundy Thursday Exodus 12.1-4[5-10], 11-14 Psalm 116.1,10-17* 1 Corinthians 11.23-26 John 13.1-17,31b-35	Lord Jesus Christ, we thank you that in this wonderful sacrament you have given us the memorial of your passion: grant us so to reverence the sacred mysteries of your body and blood that we may know within ourselves and show forth in our lives the fruit of your redemption, for you are alive and reign, now and for ever.
10 April	Good Friday Isaiah 52.13 - 53.12 Psalm 22* Hebrews 10.16-25 John 18.1 - 19.42 ALLELUIA! CHRIST IS RISEN. HE IS RISEN INDEED. ALLELUIA!	Almighty Father, look with mercy on this your family for which our Lord Jesus Christ was content to be betrayed and given up into the hands of sinners and to suffer death upon the cross; who is alive and glorified with you and the Holy Spirit, one God, now and for ever. Amen.
12 April	Easter Day	Lord of all life and power, who through the mighty resurrection of your Son overcame the old order of sin

Acts 10.34-43
Psalm 118.1-2,14-24
Colossians 3.1-4
John 20.1-18

19 April

**The Second Sunday of
Easter**

Acts 2.14a,22-32
Psalm 16
1 Peter 1.3-9
John 20.19-3

and death to make all things new in him: grant that we, being dead to sin and alive to you in Jesus Christ, may reign with him in glory; to whom with you and the Holy Spirit be praise and honour, glory and might, now and in all eternity. Amen.

Almighty Father, you have given your only Son to die for our sins

and to rise again for our justification: grant us so to put away the leaven of malice and wickedness that we may always serve you in pureness of living and truth; through the merits of your Son Jesus Christ our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. Amen.

Blessings, Graces and Peaces

May the peace of God give you renewed hope and wisdom,
May you find the strength you already carry within you to be enough,
May the grace of God be sufficient,
May you find a deep breath when the air around you is thin,
May you grow in compassion in these days,
May you love well, not in spite of these anxious times,
But because of them.

(Sarah Bessey)

May the Peace of the Lord God go with you
Wherever you may wander
May he guide you through the wilderness;
protect you through the storm.
May he bring you back, rejoicing at the wonders he has shown you;
May he bring you back rejoicing
Once again through these doors.

(blessing for Morning Prayer, Celtic Daily Prayer, Nothumbrian Community)

May the Grace of our Lord Jesus Christ
and the Love of God the Father,
and the fellowship of the Holy Spirit
be with us all

Amen.

**May the Lord bless us, protect us from all evil, and bring us to
everlasting life. AMEN!**

Songs links

favourites from our café congregation – let us make a joyful noise unto the Lord!

Because of your love

<https://www.youtube.com/watch?v=a6bYmYK5I7w>

Your Name

<https://www.youtube.com/watch?v=Z7CFr8w9z38>

10,000 Reasons

https://www.youtube.com/watch?v=DXDGE_IRI0E

Here I am to Worship

<https://www.youtube.com/watch?v=5Pj2P8Bn5VWl>

Oceans

<https://www.youtube.com/watch?v=6GGFb6LcX3U>

Good Good Father

<https://www.youtube.com/watch?v=-ak0OoFBw3c>

My Lighthouse

<https://www.youtube.com/watch?v=IFBZJGSgyVQ>

Heart of Worship

<https://www.youtube.com/watch?v=OD4tBl o6YLw&list=PLDSwjEKOvWP7FsF2rOCpQU6o-paGaYdf>

A Lord's Prayer

<https://www.youtube.com/watch?v=uYwOhZxnC5g>

When I was Lost – Kate Simmonds

<https://www.youtube.com/watch?v=tZ4xkBNRwXc>

Strength will rise as we wait upon the Lord – Chris Tomlin

<https://www.youtube.com/watch?v=2gZ2LeFTQ4I>

Our God is Greater, Our God is Stronger – Chris Tomlin

<https://www.youtube.com/watch?v=rttSWTJOz0Q>

Here is Love vast as the ocean – Robin Mark

<https://www.youtube.com/watch?v=v8YOPj5TnUM>

At all times – Vineyard worship

<https://www.youtube.com/watch?v=rn8XXpCl67w>

Reign in me (Over all the earth)

<https://www.youtube.com/watch?v=UzIdL0GiLEg>

Praise is Rising (Hosanna) – Paul Baloché and Brenton Brown

<https://www.youtube.com/watch?v=cH5pVnP4ZGQ>