

A Simple Order of Morning Prayer in Lent

O Lord open our lips,
And our mouth shall proclaim your praise.

**Glory to the Father, and to the
Son, and to the Holy Spirit; as it
was in the beginning, is now, and
shall be for ever.**

Amen.

Silent prayer/reflection on the coming day.

Early in the morning my prayer
comes before you. Lord, have mercy.

Lord, have mercy.

You speak in my heart and say
'Seek my face'; your
face, Lord, will I seek.

Christ, have mercy.

Christ, have mercy.

Let the words of my mouth and the meditation of my heart
be acceptable in your sight, O Lord,
my strength and my redeemer.

Lord, have mercy.

Lord, have mercy.

**Return to the Lord, who will have mercy,
to our God, who will richly pardon.**

Seek the Lord while he may be found
call upon him while he is near.

Let the wicked abandon their ways
and the unrighteous their thoughts;

Return to the Lord, who will have mercy
to our God who will richly pardon.

‘For my thoughts are not your thoughts
neither are your ways my ways,’ says the
Lord.

For as the heavens are higher than the
earth so are my ways higher than your
ways
and my thoughts than your thoughts.

As the rain and the snow come down from above
and return not again but water the earth,

Bringing forth life and giving growth
seed for sowing and bread to eat,

So is my word that goes forth from my
mouth it will not return to me fruitless,

But it will accomplish that which I purpose
and succeed in the task I gave it.’

**Glory to the Father, and to the
Son, and to the Holy Spirit;
as it was in the beginning, is now,
and shall be for ever.
Amen.**

**Return to the Lord, who will have mercy,
to our God, who will richly pardon.**

A Bible Reading is read – perhaps using one of the Sunday readings.

**Create in me a clean heart, O God,
and renew a right spirit within me.**

Blessed be the Lord the God of Israel for he
has come to his people and set them free.

The Lord has raised up for us a mighty Saviour
born of the house of his servant David.

Through his holy prophets God promised of
old to save us from our enemies
from the hands of all who hate us.

To show mercy to our forebears
and to remember his holy
covenant.

This was the oath God swore to our father Abraham
to set us free from the hands of our enemies,

Free to worship him without fear, holy and
righteous before him all the days of our life.

And you, child, shall be called the prophet of the Most High
for you will go before the Lord to prepare his way,

To give his people knowledge of salvation
by the forgiveness of their sins.

In the tender compassion of our God
the dawn from on high shall break upon
us,

To shine on those who dwell in darkness
and the shadow of death and to guide
our feet into the way of peace.

**Glory to the Father, and to the
Son, and to the Holy Spirit;
as it was in the beginning, is now,
and shall be for ever. Amen.**

**Create in me a clean heart, O God,
and renew a right spirit within me.**

Various prayers are offered for:

The Church

The World

The Local Community

Those in particular need

The Lord's Prayer is said.

The Collect for the Day is said (see Sunday Readings) or

Almighty and everlasting God,
you hate nothing that you have made
and forgive the sins of all those who are
penitent: create and make in us new and
contrite hearts that we, worthily lamenting our
sins and acknowledging our wretchedness,
may receive from you, the God of all mercy,
perfect remission and forgiveness;
through Jesus Christ our Lord.

Amen.

The second collect, for peace.

O God, the author of peace and lover of
concord, to know you is eternal life,
to serve you is perfect freedom:
defend us in all assaults of our enemies,

that we, surely trusting in your protection, may not fear the power of any adversaries; through Jesus Christ our Lord.

Amen.

The third collect, for grace.

Eternal God and Father,
by your power we are created
and by your love we are redeemed:
guide and strengthen us by your
Spirit, that we may give ourselves to
you
in love and service of one another;
through Jesus Christ our Lord.

Amen.

**The grace of our Lord Jesus Christ,
the love of God,
and the fellowship of the Holy Spirit
be with us all, evermore.**

Amen.

Let us bless the Lord.

Thanks be to God.

Acknowledgements

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