

## *A Simple Order of Morning Prayer in Lent*

O Lord open our lips,  
**And our mouth shall proclaim your praise.**

**Glory to the Father, and to the  
Son, and to the Holy Spirit; as it  
was in the beginning, is now, and  
shall be for ever.**

**Amen.**

*Silent prayer/reflection on the coming day.*

Early in the morning my prayer  
comes before you. Lord, have mercy.

**Lord, have mercy.**

You speak in my heart and say  
'Seek my face'; your  
face, Lord, will I seek.

Christ, have mercy.

**Christ, have mercy.**

Let the words of my mouth and the meditation of my heart  
be acceptable in your sight, O Lord,  
my strength and my redeemer.

Lord, have mercy.

**Lord, have mercy.**

**Return to the Lord, who will have mercy,  
to our God, who will richly pardon.**

Seek the Lord while he may be found  
call upon him while he is near.

Let the wicked abandon their ways  
and the unrighteous their thoughts;

Return to the Lord, who will have mercy  
to our God who will richly pardon.

‘For my thoughts are not your thoughts  
neither are your ways my ways,’ says the  
Lord.

For as the heavens are higher than the  
earth so are my ways higher than your  
ways  
and my thoughts than your thoughts.

As the rain and the snow come down from above  
and return not again but water the earth,

Bringing forth life and giving growth  
seed for sowing and bread to eat,

So is my word that goes forth from my  
mouth it will not return to me fruitless,

But it will accomplish that which I purpose  
and succeed in the task I gave it.’

**Glory to the Father, and to the  
Son, and to the Holy Spirit;  
as it was in the beginning, is now,  
and shall be for ever.**

**Amen.**

**Return to the Lord, who will have mercy,  
to our God, who will richly pardon.**

*A Bible Reading is read – perhaps using one of the Sunday readings.*

**Create in me a clean heart, O God,  
and renew a right spirit within me.**

Blessed be the Lord the God of Israel for he  
has come to his people and set them free.

The Lord has raised up for us a mighty Saviour  
born of the house of his servant David.

Through his holy prophets God promised of  
old to save us from our enemies  
from the hands of all who hate us.

To show mercy to our forebears  
and to remember his holy  
covenant.

This was the oath God swore to our father Abraham  
to set us free from the hands of our enemies,

Free to worship him without fear, holy and  
righteous before him all the days of our life.

And you, child, shall be called the prophet of the Most High  
for you will go before the Lord to prepare his way,

To give his people knowledge of salvation  
by the forgiveness of their sins.

In the tender compassion of our God  
the dawn from on high shall break upon  
us,

To shine on those who dwell in darkness  
and the shadow of death and to guide  
our feet into the way of peace.

**Glory to the Father, and to the  
Son, and to the Holy Spirit;  
as it was in the beginning, is now,  
and shall be for ever. Amen.**

**Create in me a clean heart, O God,  
and renew a right spirit within me.**

*Various prayers are offered for:*

*The Church*

*The World*

*The Local Community*

*Those in particular need*

*The Lord's Prayer is said.*

*The Collect for the Day is said (see Sunday Readings) or*

Almighty and everlasting God,  
you hate nothing that you have made  
and forgive the sins of all those who are  
penitent: create and make in us new and  
contrite hearts that we, worthily lamenting our  
sins and acknowledging our wretchedness,  
may receive from you, the God of all mercy,  
perfect remission and forgiveness;  
through Jesus Christ our Lord.

**Amen.**

*The second collect, for peace.*

O God, the author of peace and lover of  
concord, to know you is eternal life,  
to serve you is perfect freedom:  
defend us in all assaults of our enemies,

that we, surely trusting in your protection, may not fear the power of any adversaries; through Jesus Christ our Lord.

**Amen.**

*The third collect, for grace.*

Eternal God and Father,  
by your power we are created  
and by your love we are redeemed:  
guide and strengthen us by your  
Spirit, that we may give ourselves to  
you  
in love and service of one another;  
through Jesus Christ our Lord.

**Amen.**

**The grace of our Lord Jesus Christ,  
the love of God,  
and the fellowship of the Holy Spirit  
be with us all, evermore.**

**Amen.**

Let us bless the Lord.

**Thanks be to God.**

**Acknowledgements**

*Material in this service is from Common Worship © Archbishops' Council of the Church of England*