

Ebba Compline

for Thursdays in Lent

The Gathering ...

Welcome and introduction

In the cycle of prayer for this dispersed worshipping community: Tonight's Office Prayer is offered for

- *S. Matthias & George, Astwood Bank, in the Worcester Diocese*
- *and for the Worcester Diocese.*

† We begin by making the sign of the Cross

Preparation

Find rest, O my soul, in God alone:
my hope comes from him.

Come I this night to the Father,
come I this night to the Son,
come I to the Holy Spirit powerful:
come I this night to God.
Come I this night with Christ,
come I with the Spirit of kindness.
Come I to Thee, Jesus.
Jesus shelter me.

Lord have mercy
Christ have mercy
Lord have mercy

Open now our hearts to you,
and fill us with the peace
that only you can give,
through Jesus Christ our Lord. Amen.

Song

Jesus promised life to all,
Walk, walk in the light.
the dead were wakened by his call,
Walk, walk in the light.
Walk in the light,
Walk in the light,
Walk in the light,
Walk in the light of the Lord.

He died in pain on Calvary,
Walk, walk in the light
to save the lost like you and me,
Walk, walk in the light.
Walk in the light....

By Jesus' love our wounds are healed,
Walk, walk in the light
The Father's kindness is revealed
Walk, walk in the light.
Walk in the light....

The Spirit lives in you and me,
Walk, walk in the light;
his light will shine for all to see,
Walk, walk in the light.
Walk in the light....

*Text: Damian Lundy, Music : unknown
(HON New Anglican Edition 494)*

Psalmody for the day

Psalm 127 1-3

Unless the Lord builds the house,*
those who build it labour in vain.

Unless the Lord keeps the city,*
the guard keeps watch in vain.

It is in vain that you hasten to rise up early
and go so late to rest, eating the bread of toil,
for he gives his beloved sleep.

**Glory be to the Father,
and to the Son, and to the Holy Spirit.
As it was in the beginning,
is now and ever shall be,
world without end. Amen.**

Scripture reading

Seek the LORD while he may be found; call on him while he is near. Let the wicked forsake their ways and the unrighteous their thoughts. Let them turn to the LORD, and he will have mercy on them, and to our God, for he will freely pardon. "For my thoughts are not your thoughts, neither are your ways my ways," declares the LORD. "As the heavens are higher than the earth, so are my ways higher than your ways and my thoughts than your thoughts.

Isaiah 55: 6-9

Taken from the Anglican Eucharistic Lectionary for today

Responsory

We will lie down and sleep.
**We wake again,
because the Lord sustains us.**

By day the Lord directs his love;
**at night his song is with us –
a prayer to the God of our lives.**

Be strong and take heart,
all you who hope in the Lord.

Intercession...

Bringing to mind those whom we pray for and holding them in God's love..., bringing the needs of the world, the church, and those who have no-one to pray for them...

May God be in our sleep;
may Christ be in our dreams.
May the Spirit be in our repose,
in our thoughts, in our hearts,
in our souls, always,
may the Sacred Three dwell.

May the Father of heaven
have care of our souls,
his loving arm about our bodies
through each slumber and sleep of our lives

The Lord's Prayer

**Our Father,
which art in heaven,
hallowed be thy name.
Thy Kingdom come,
thy will be done
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses
as we forgive them
that trespass against us.
And lead us not into temptation
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever.
Amen.**

Nunc Dimittis (Gospel Cantic)

**Christ died for us,
So that, whether we wake or sleep,
we might live with him.**

**Now, Lord,
you let your servant go in peace*
your word has been fulfilled.**

**My own eyes have seen the salvation*
which you have prepared
in the sight of every people;**

**A light to reveal you to the nations*
and the glory of your people, Israel.**

**Glory be to the Father,
and to the Son
and to the Holy Spirit.
As it was in the beginning, is now
and shall be for ever,
world without end. Amen**

**Christ died for us,
So that, whether we wake or sleep,
we might live with him.**

Blessing and departure

The Son of God be shielding us from harm,
the Son of God be shielding us from ill,
the Son of God be shielding us with power.
The Son of God be shielding us this night.

Sleep, O sleep in the calm of each calm.
Sleep, O sleep in the guidance of all guidance.
Sleep, O sleep in the love of all loves.
Sleep, O beloved, in the God of life.

**May the peace of the Lord Christ
go with us,
wherever we may wander,
may he guide us through the wilderness,
protect us through the storm.
May he bring us back rejoicing,
at the wonders he has shown us,
may he bring us back, rejoicing,
once again through those doors.**

**May the Lord bless us, protect us from
all evil, and bring us to everlasting life.
Amen**

